# ECONOMICS OF RURAL LIVELIHOODS: A CASE STUDY OF SNAIL FARMING IN ITU LOCAL GOVERNMENT AREA, AKWA IBOM STATE, NIGERIA

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# Abstract

The study examined the economics of a rural livelihood –snail farming – in Itu Local Government Area of Akwa Ibom State, Nigeria. Data for the study were obtained from all the thirty registered snail farmers of Akwa Ibom State Agricultural Development Programme (AKADEP) in the study area. The data were analysed using descriptive statistics and costs-returns analysis. Results show that 63.3% of the respondents were males and 73.3% were married. The average age of the respondents was 39 years and their average years of snail farming experience was five. The costs-returns analysis revealed that snail farming is a profitable venture in the study area. Findings also reveal that high cost of land and high mortality rate of snail hatchings were the most severe constraints to snail farming in the study area. It is therefore recommended among others that snail farmers form cooperative societies to enable them access necessary credit facilities that will enhance their ability to acquire land for snail production since high cost of land is a most severe constraint to snail farming faced by the respondents.

Keywords: Economics, Rural livelihoods, snail farming, Itu Local Government Area

{**Citation:** Obinaju, L. C.; Asa, U. A. Economics of rural livelihoods: a case study of snail farming in Itu local government area, Akwa Ibom State, Nigeria. American Journal of Research Communication, 2016, 4(2): 75-85} <u>www.usa-journals.com</u>, ISSN: 2325-4076.

# Introduction

Snails are bilaterally symmetrical invertebrates with soft segmented exoskeleton in the form of calcerous shells (Agbogidi and Okonta, 2011). They belong to the phylum mollusca, and

have a singular spiral shell into which the whole body can be withdrawn. Many species of edible land snails are recognized but the popular species of economic interest in Nigeria is the West African giant snail (Archachatina marginata). Snail meat has traditionally been a major ingredient in the diet of people living in high forest zone. Baba and Adeleke (2006) and Okpeze et al (2007) reported that snails have good quality protein and are rich in potassium, phosphorus, essential amino acid and vitamins B and C. The low cholesterol level of snails makes them useful in the treatment of arteriosclerosis and other heart-related diseases (Afolabi, 2013). Other curable ailments by snails include whooping cough, anemia, ulcer, asthma, age problems, hypertension and rheumatism (Abere and Lameed, 2008). Snail slurries are useful industrially for zymolyze enzyme production (Solomon, 2013). In addition to the nutritional value of snail meat, recent studies indicate that the glandular substances from edible snails cause agglutination of certain barrier which could be of value against a variety of ailments including whooping cough (Efarmspro, 2006). The high protein content of snail meat is considered important in the treatment of anaemia and in the past, according to Omok et al., (1999), the meat was recommended as a means of combating ulcers and asthma. Snails have also been found to have aesthetic values - they are often utilized for a lot of decorative works and carvings such as flower vases, ash trays and other interior decoration. (Baba and Adeleke, 2006). However, the Federal Ministry of Economic Development and Reconstruction (2000) reported that the meat supply situation in Nigeria remains critical in spite of the relatively large animal population of over 13 million cattle, about 1.7 million domestic rabbit, 34 million pigs, 104 million local poultry, and about 20 million exotic poultry.

The contributions made by domestic animals to the protein need of the nation has been insufficient, and the red meat laced with high cholesterol, from conventional sources of animal

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protein in the nation, has unfortunately been identified as the major cause of cardio-vascular diseases especially among the aged (Onwuka, 2009); hence the need to look at some unconventional sources of protein to meet the animal protein need of the nation (*Etuhu et al., 2008*). Snails according to Afolabi (2013), could serve as a ready meat for a vast majority of the populace in the tropics.

Snail farming has recently attracted attention among farmers in Nigeria as an aftermath of the alarm raised by the food and Agriculture Organization (FAO) on animal protein deficiency among Nigerians (Adesope, 2000; Akinnusi, 2000). Snail meat is high in protein (37 - 51%) as compared to that of guinea pig (20.3%), poultry (18.3%), fish (18%), cattle (17.5%), sheep (16.4%) and swine (14.5%). Studies have shown that snail meat contains iron (45 – 59mg/kg), relatively low fat content (0.05 - 0.08%) and also contains all the amino acids needed for human health (www.fao.org >docrep, 2015). Asa (2006) reported that snail farming is a rural livelihood in Akwa Ibom State. A proper analysis of the level of profitability of snail farming is pertinent. Hence, this study seeks to determine how profitable snail farming is in the study area and ascertain the constraints to snail farming faced by the respondents.

#### Methodology

The study was conducted in Itu Local Government Area of Akwa Ibom State, Nigeria. The local government area lies within latitude  $6^040$ " North and longitude  $9^030$ " and  $5^047$ " East; occupies a total land area of 606, 099km<sup>2</sup>; and has an estimated population of 127,856 (National Population Commission, 2006). Data for the study were obtained from primary sources through the use of questionnaires. The population of the study included all AKADEP – registered snail farmers (30) in Itu Local Government Area. Frequency counts and percentages were used to analyze the socio-economic characteristics of snail farmers in the study area. Costs-returns analysis was used to ascertain the profitability of snail farming. The equation used in ascertaining the net farm income is as follows:

NFI = TR - (TFC + TVC) - - - Equation (i)

The Profitability ratios are as follows:

Return on Sales (ROS) = NFI/TR ..... Equation (ii)

Rate of Return on Investment (RRI) = NFI/TC x 100 .... Equation (iii)

Rate of Return on Variable Cost (RRVC) =  $(TR - TC)/TVC \times 100...$  Equation (iv)

Where:

NFI	=	Net farm income
TR	=	Total revenue
TFC	=	Total fixed cost
TVC	=	Total variable cost
TC	=	Total Cost

The constraints to snail farming was ascertained using a 3 – Point Likert type scale of: Not a constraint, Minor constraint and major constraint assigned nominal values of 9, 1 and 2 respectively. The man value for each constraint item was obtained by summing up the ratings 0, 1 and 2 and dividing the sum by the number of ratings. Based on the mean values, the constraints were rated from most severe to least severe.

#### **Results and Discussion**

Socio-economic characteristics of snail farmers in Itu Local Government Area: the result in table 1 shows that 63.3% of the respondents were males while 36.7% were females. This reveals that snail farming in the study area was dominated by males. The findings corroborate Raheem (2001) who reported that majority of snail farmers in Oyo State, Nigeria are males. The average years of the respondents was 39 years and their average years of snail farming experience was five. Table 1 also reveals that majority of the respondents (66.7%) were not members of cooperative societies in the study area.

Profitability of snail farming in Itu Local Government Area: The costs-returns analysis as shown in Table 2 reveals that the fixed cost constitutes 83.84%, the total cost of production while variable cost constitutes 16.16%. The costs of land (31.90%), housing units (36.03%) and interest on capital borrowed (16.20%) constitute the major fixed cost incurred by the respondents while the major variable costs were: cost of feed (33.67%), cost of pesticide (18.32%) and the cost of procuring hatchings for breeding (17.73%). The table shows that the total cost of snail production for the production period of 2014 - 2015 (the period covered by this study) was  $\mathbb{N}4,990,750.00$ , the revenue earned was  $\mathbb{N}6,513,500.00$  and the net farm income was ₩1,522,750.00. The average Return on Sale (ROS) was 0.23, indicating that out of every naira  $(\mathbb{H})$  earned, about 23 kobo accrue to the snail farmer as net income. Also with an RRI of 30.51% the snail farmer therefore earns ¥30.50 profit on every naira spent in snail production. Rate of return on Variable Cost (RRVC) was estimated to be about 288.84% per production period. In other words, every one naira cost incurred on variable input generates about  $\aleph$ 288 naira. This reveals that snail farming is profitable in the study area. The result corroborates Lameed (2006) who reported that snail farming is a profitable business in Nigeria.

Socio-Economic Characteristics	Frequency	Percentage	Mean
Sex			
Male	19	63.3	
Female	11	36.7	
Age			
21 – 40 years	20	66.7	39
41 – 60 years	7	23.3	
61 – 80 years	3	10.0	
Marital status			
Single	22	73.3	
Married	8	26.7	
Educational status			
No formal education	1	3.3	
Primary education	1	3.3	
Secondary education	10	33.3	
Tertiary education	14	46.7	
Adult literary education	4	13.3	
Household size			
1 - 3 person(s)	7	23.3	5
4 – 6 persons	21	70.0	
7 – 9 persons	2	6.7	
Years of experience in snail farming			
1-5 year(s)	22	73.3	5
6 – 10 years	5	16.7	
11 – 15 years	3	10.0	
Membership of co-operative societies			
Yes	10	33.3	
No	20	66.7	

Table 1: Socio-economic Characteristics of Snail Farmers in Itu Local Government Area			
of Akwa Ibom State, Nigeria			

Source: Field Survey Data, 2015

Items	Total Cost of Production ( <del>N</del> )	Percentage
A. Fixed Cost		
Land (ha)	1,335,000.00	31.90
Hatchery	477,500.000	11.41
Basin/Baskets	110,200.00	2.63
Wheel Barrows	76,700.00	1.83
Interest on capital	678,000.00	16.20
Housing units	1,507,000.00	36.01
Total Fixed Cost (TFC)	4,184,400.00	100
B. Variable Cost		
Labour (man days)	72,300.00	8.97
Transportation	88,100.00	10.93
Hatchings	143,000.00	17.73
Feed	271,500.00	33.67
Water	83,750.00	10.39
Pesticide/detergents	147,700.00	18.32
Total Variable Cost (TVC)	806,350.00	100
Total Cost (TC) = TFC + TVC	4,990,750.00	
C. Revenue	6,513,500.00	
D. Net Farm Income (NFI)		
NFI = TR = (TFC + TVC)	1,522,750.00	
E. Profitability Ratios		
Return on Sales	0.2338	
Rate of Return on Investment	30.51	
Rate of Return on Variable Cost	288.84	

# Table 2: Costs – Returns Analysis of Snail Farming in Itu Local Government Area

Note: One US dollar = 199.05 Nigerian Naira (N) as at December 5, 2015

Source: Field Survey Data, 2015

Constraints to snail farming in the study area: Data in Table 3 shows that the most severe constraints to snail farming faced by the respondents were: high cost of land (X = 1.20), high mortality rate of snail<sup>-</sup>hatchings (X = 1.20) and attacks by predators. The result-corroborates Peter (2015) who reported that high cost of land was the major constraint to snail farming in Uyo Local Government Area of Akwa Ibom State, Nigeria. The least severe constraint to snail farming faced by the respondents was "inability to sell produce quickly" (X = 0.63). This is due to the fact that consumption of snail in the study area is not hindered by any socio-cultural factor.

SN	CONSTRAINTS	MEAN	RANK
1.	Time Consuming	1.03	5
2.	High cost of waste used as feed	1.10	4
3.	High cost of Land	1.20	1.5
4.	High mortality rate of hatchlings	1.20	1.5
5.	Attacks by Predators	1.13	3
6.	Inability to sell produce quickly	0.63	6
<ol> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> </ol>	High cost of Land High mortality rate of hatchlings Attacks by Predators Inability to sell produce quickly	1.20 1.20 1.13 0.63	1.5 1.5 3 6

 Table 3: Constraints to Snail Farming in Itu Local Government Area

**Note:** \* = ranks 1.5 are considered the most severe constraint while rank 6 is the least severe constraint

Source: Field Survey Data, 2015

### **Conclusion and Recommendation**

The study revealed that snail farming is a profitable rural livelihood in the study area, and that the most severe constraints to snail farming in the study area were high cost of land and high mortality rate of snail hatchings. It is recommended that snail farmers in the study area form cooperative societies that will enable them access adequate credit facilities from financial institutions. This will enhance their ability to acquire sufficient land for snail production in the study area since high cost of land was a most severe constraint to snail farming faced by the respondents. The States Ministry of Agriculture and Rural Development, through its extension agents, should endeavour to enlighten/educate snail farmers on appropriate ways to handle snail hatchings since high mortality of snail hatchings was also a most severe constraint to snail farming faced by the respondents.

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