

ACTIVITY OF *CHROMOLAENA ODORATA* ON ENTERIC AND SUPERFICIAL ETIOLOGIC BACTERIAL AGENTS

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ABSTRACT

Ethanol and expressed extracts of the leaves of the plant *Chromolaena odorata* were prepared for testing their antibacterial activity using two hospital bacterial isolates viz. *Escherichia coli* and *Staphylococcus aureus* as indicator organisms representing the enteric and superficial pathogenic bacteria respectively. The broad-spectrum antibiotic Ampiclox was used in a 1: 1 (i.e. 1%) dilution to provide approximate bases for comparison of the antibacterial activity of the leave extracts. Results after 72h at ambient temperature for *E.coli* indicated that among the treatment groups, the antibacterial activity of 1% Ampiclox control was significantly higher than the other treatments ($P = 0.001$) ranging from 26.19 (± 2.77) to 9.43 (± 3.64) mm² while the expressed extract was least. Tests using *S.aureus* however showed that the ethanol extract had the highest inhibitory zone while the Ampiclox control was least, ranging from 10.47 (± 3.76) to 6.28 (± 1.82) mm². The use of the extracts of *C. odorata* in traditional medicine for superficial disease cases, such as wounds, burns, pile, sore throat etc. appear to have been justified. However, indications for enteric bacterial illnesses appear to be very low; in fact, the plant has been shown to have nutritional importance.

Keywords: Chromolaena odorata, susceptibility testing, antimicrobial herbs, Escherichia coli, Staphylococcus aureus, traditional medicine

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1.0 INTRODUCTION

1.1 *Chromolaena odorata*

Chromolaena odorata King and Rob. (Syn. *Eupatorium odoratum* Linn.) is a known toxic weed that is widespread over many parts of the world including Nigeria. *Chromolaena odorata* is a species from the family of *Asteraceae*. The weed goes by many common names including Siam weed, devil weed, French weed, communist weed, hagonoy, co hoy etc. The native range of *Chromolaena* is in the Americas, extending from Florida (USA) to Northern Argentina. Away from its native range, *Chromolaena* is an important weed in tropical and subtropical areas extending from west, central and southern Africa to India, Sri Lanka, Bangladesh, Laos, Cambodia, Thailand, southern China, Taiwan, Indonesia etc (Bani, 2002; Umukoro and Ashorobi, 2006; Hung et al, 2011). Nevertheless, the plant has also been incriminated in the illness and death of cattle and goats in Karnataka, India.

This weed was probably introduced into Nigeria about 50 years ago and found along road-sides, waste and fallow lands. *Chromolaena odorata* was first identified in Central America and Vietnam and formerly called *Eupatorium odorata*. It is a diffused scrambling

shrub that is mainly a weed of plantation crops and pasture of southern Asia and West Africa. It forms a bush 3-7 metre in height when growing in the open (Nyananyo, 2006).

1.2 Traditional uses of *Chromolaena odorata*

The plant is locally called “*bienqua*” among the Ijaws in the Niger Delta region of Nigeria where it is believed to possess healing potentials for wounds and treatment of pile ailment (Egunjobi, 1969). A decoction of the leaf is used as a cough remedy and as an ingredient with lemon grass and guava leaves for the treatment of malaria. Other traditional medicinal uses include anti-diarrheal, astringent, antispasmodic, antihypertensive, anti-inflammatory, diuretic tonic, antipyretic and heart tonic (Vital and Windell, 2009; Suksamrarn et al, 2004).

The fresh leaves and extract of *C. odorata* are a traditional herbal treatment in some developing countries for burns, soft tissue wounds and skin infections. A formulation prepared from the aqueous extract of the leaves has been licensed for clinical use in Vietnam (Ayyanar and Ignacimuthu 2009). In Nigeria the local use of the leaf extracts of *C. odorata* for sore throat and treatment of pile, burns and wounds have been documented (Egunjobi, 1969).

1.3 Phytochemicals and chemotherapy

From the petroleum ether and methanol extracts of *Chromolaena odorata* leaves the following were identified: steroids, triterpenes, alkaloids, flavonoids, tannins, diterpenes, and saponins. From the chloroform extract: steroids, alkaloids, flavonoids, saponins, tannins, and glycosides. The observed toxicity of *Chromolaena odorata* was probably due to the relative presence of the different toxic phytochemicals (Che Man, Nuha 2010; Prasad et al, 2005).

The clinical effects of *Chromolaena odorata* in which wound healing occurred, was attributed to the proliferation of fibroblast and endothelial cells Toan- Thang *et al* (2001). The polyphenolic extracts of the leaves showed antimicrobial activity against *Staphylococcus aureus* and *S. epidermidis* (Nurul *et al* 2006). In the work by Ngono *et al* (2006), ethanol extracts of *Chromolaena odorata* inhibited the *in vitro* growth of *Cryptococcus neoformans*, *Microsporium gypseum*, *Trichophyton*, *Mentogrophyles* and *Trichophyton rubrum*. While Okigbo and Ajalie (2005) had reported that leave extracts were inhibitory against four human pathogens viz. *Bacillus cereus*, *Staphylococcus aureus*, *E coli* and *Salmonella typhi*.

This study was undertaken to determine the antibacterial activity of *Chromolaena odorata* using various extraction methods on two human pathogens (viz. *Escherichia coli* and *Staphylococcus aureus* as indicators for enteric and superficial disease causing agents respectively). Ampiclox (a broad spectrum antibiotic) was used as control in order to compare the effectiveness of the herb especially in traditional medical practices.

1.4. Nutritional value of *Chromolaena odorata*

Analysis of the leaves of *Chromolaena odorata* by Nwinuka *et al*, 2009, indicated that the leaves contained Carbohydrate ($1.10 \pm 1.14\%$), Protein ($24.08 \pm 0.08\%$), Lipid ($14.00 \pm 0.01\%$), Fiber ($50.26 \pm 0.01\%$), Ash ($10.98 \pm 2.00\%$) and Moisture content of $5.65 \pm 0.02\%$. An energy content of 220.20 kcal was recorded. The leaves also constituted a rich source of mineral elements such as Ca, Na, K, Fe, Mn, Zn, Cu, P, and Mg.

1.5. Antimicrobial susceptibility testing

Antimicrobial screening is a process of evaluating substances that act against clinical isolates. Many techniques have been introduced in determining antimicrobial susceptibilities.

However, the two most commonly used screening methods are the broth dilution assay and the disk or agar well diffusion assay. (NCCLS, 2000; Prescott, 2006). In this study the Agar Diffusion technique was modified in which extract impregnated filter paper discs were used (Kigigha and Atuzie, 2012).

2.0 MATERIALS AND METHODS

2.1 Sample collection

The Niger Delta region which is rich in luxuriant growth of *Chromolaena odorata*, is located in Bayelsa State of Nigeria which is in the epicentre of the region. Green leaves of *Chromolaena odorata* were collected from the Niger Delta University Wilberforce Island, Amassoma, Bayelsa State. The plant was identified using outlines and pictures of medicinal plants from Nigeria by Nyananyo (2006).

2.3 Preparation of extracts

One hundred grams of Fresh leaves of *C. odorata* were weighed and rinsed three times in distilled and deionised water and ground into paste in a sterilized porcelain mortar. The ground sample was squeezed using sterilized muslin cloth and the expressed fluid decanted into a sterile conical flask and stored in a refrigerator at 5⁰C for use. A second batch of ground 100 g of fresh leaves was ground and the paste was soaked in 100 ml of 80% ethanol in a separating funnel (in a cold room at 5⁰C) and filtered. The ethanol extract was also stored in the refrigerator at 5⁰C until required for use. The extracts were not concentrated by heating as treatments were designed to be compared with the traditional procedure (Kigigha and Atuzie, 2012).

2.4 Test bacterial isolates

Staphylococcus aureus and *Escherichia coli* which were isolated from hospital patients were obtained from the Medical Laboratory of the University of Port Harcourt Teaching Hospital (U. P. T. H) in Rivers state, Nigeria. Subculture was made in Nutrient Agar three times to purify the test bacterial isolates and each was maintained on nutrient agar slant at 5⁰C in a refrigerator. The isolates were then characterized with respect to their identity and Antibiotic susceptibility pattern.

2.5 Impregnation of extracts and Ampiclox on filter paper discs

The broad spectrum antibiotic (Ampiclox) was used as control to provide bases of comparison for the treatment groups. 500 mg of Ampiclox capsule was poured out and dissolved in 500 ml of distilled and deionised water in a conical flask to give a 1:1 dilution (i.e. 1 mg ml⁻¹ concentration). From this, 0.1 ml was used to impregnate in triplicates, sterilized paper discs (which were cut with a 10 mm borer). Also in triplicates, 0.1 ml of each of the extracts were impregnated on filter paper discs; all the discs were sun-dried and kept dry in separate Petri dishes in desiccators.

2.6 Antibacterial susceptibility testing

The ability of the leave extracts and Ampiclox control to inhibit the growth of the test bacterial species was determined using the Agar Diffusion Disk Technique. Nutrient agar plates were inoculated with each test organism in a confluent-growth using sterile swab. For each extract and the Ampiclox extract, two plates (one plate for each of the test organisms) were prepared. The impregnated discs were well spaced on the confluent-growth of the test organisms to prevent their zones of inhibition from over lapping. The inoculated nutrient agar

plates were allowed to dry for 10 min at room temperature in a fume chamber ($\sim 32^{\circ}$ C) and then incubated for 72h at 37° C. The zone of inhibition was calculated as the difference between the area of the inhibition area and that of the impregnated disc (Kigigha and Atuzie, 2012). One way analysis of variance was carried out on the zones of inhibition using the Zigma Stat 32 Statistical Package.

3. RESULTS

Results after 72h at ambient temperature indicated that there were significant differences between the zones of inhibition of treatment groups ($P = 0.001$) see Fig. 1. Indication was that the Ampiclox control, had the highest zone of inhibition on *E. coli* and this was followed by the expressed extract; values ranging from $26.19 (\pm 2.8)$ to $7.33 (\pm 1.04)$ mm². Interestingly, inhibitory pattern for *S.aureus* however, indicated that the Ethanol extract showed the highest zone of inhibition, followed by the expressed extract while Ampiclox control was least; ranging from $10.47 (\pm 3.8)$ to $6.28 (\pm 1.8)$ mm².

In Table 1, the characteristics of the hospital test bacterial isolates were shown. Table 2 showed the antibiotic susceptibility patterns in which *E. coli* showed resistance to Gentamycin (GN), Tetracycline (TE), Norfloxacin (NB), Amoxycillin (AX) and Cefuroxime (CF); *S.aureus* was resistant to Clindamycin (CD), Cephaploxin (CX) and Cotrimozole (CW). Both *E. coli* and *S.aureus* were highly susceptible to Ciprofloxacin (CIP); while *S.aureus* showed further high susceptibility to Ofloxacin (Of), Erythromycin (E), Gentamycin (GN) and Augmentin (AU), *E. coli* was only partially resistant to Ofloxacin (Of), Ampicillin & Cloxacillin (AP) and Nitrofurantoin (N).

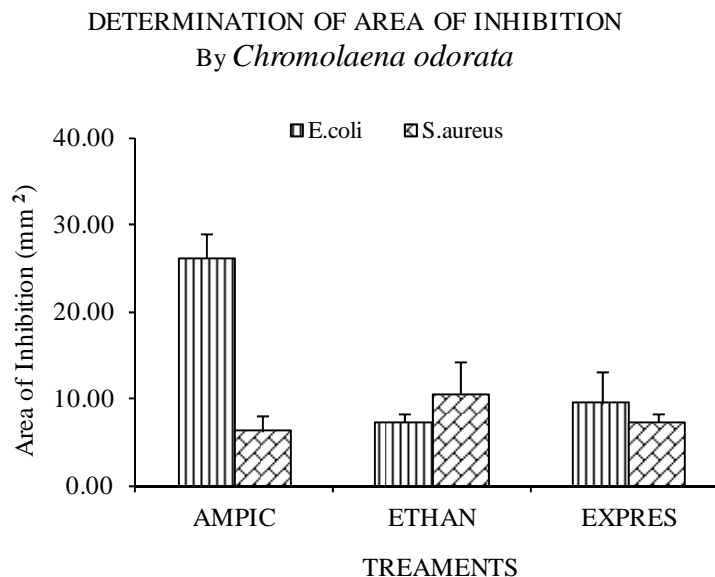


Figure 1. The relationship between the treatments and Ampiclox on the test organisms (P = 0.001) Mean = (\pm SE); n = 3.

Table 1: Morphological and Biochemical Characterization of Isolates

Tests & assessments	<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>
Colony morphology	cocci	rod
Grams' Reaction	+ ve	-ve
Growth MSA	+ ve	NT
Coagulase (Tube & Slide)	+ ve	NT
Catalase activity	+ ve	-ve
Sugar utilization		
Lactose	NT	AG
Mannose	NT	AG
Glucose	NT	AG
Sucrose	NT	AG
EMB	NT	AG
CLED	NT	AG

+ve = Positive; -ve = negative; NT = not tested; EMB = Eosin Methylene Blue; C.L.E.D = Cystine Lactose Electrolyte Deficient; AG = acid and gas.

Table 2: Antibiotic susceptibility test results on bacterial Isolates

Antibiotics	<i>S.aureus</i>	<i>E.coli</i>
Ofloxacin (Of)	+++	++
Erythromycin (E)	+++	NT
Ciprofloxacin (CIP)	+++	+++
Clindamycin (CD)	R	NT
Gentamycin (GN)	+++	R
Cephaploxin (CX)	R	NT
Cotrimozole (CW)	R	NT
Ampicillin & Cloxacillin (AP)	++	++
Floxapen (FX)	+	NT
Augumentin (AU)	+++	NT
Nitrofurantion (N)	NT	++
Tetracycline (TE)	NT	R
Norfloxacin (NB)	NT	R
Amoxicillin AX)	NT	R
Chloramphenicol (C)	NT	+
Cefuroxime (CF)	NT	R

R = resistant; NT = not tested; += Low, ++ = high; +++, = very high degree of susceptibility.

4.0 DISCUSSION

The local use of the leaf extracts of *C. odorata* for sore throat and treatment of pile, burns and wounds have been indicated (Egunjobi, 1969). There are many factors that could influence the potency of medicinal plants, these include the age of plant, extracting solvent, method of extraction and even the time of harvesting the plant materials ((Qasem and Abu-Blan (1996), Okigbo and Okigbo and Emoghene (2004)). The present study however appear to indicate that the expressed and ethanol extracts were significantly less inhibitory on *E.coli* when compared with 1% Ampiclox. This would imply a very low antibacterial effect against the enteric pathogenic bacteria forms. Nwinuka *et al*, 2009, also observed that the methanolic extracts of *C. odorata* showed positive inhibition of *Bacillus subtilis*, *Klebsiella Pneumoniae*, *Staphylococcus aureus*, which are associated with superficial infections and indicated a

negative inhibition for *Pseudomonas pyrogenes* and *Escherichia coli* which are enteric forms. The need to carry out further in-depth and more precise studies in order to capitalize on the possible use of *C. odorata* for some medicinal preparations is recommended.

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